

The Natural Rights of Children

1. The right to leisure

to live periods of time which are not planned by adults

2. The right to get dirty

to play with sand, earth, grass, leaves, water, pebbles, little branches

3. The right to smell

to indulge in the pleasure of smell to recognize nature's scents

4. The right to dialogue

to listen and to have the opportunity to speak

5. The right to use their hands

to hammer a nail, to saw and file wood, to use sandpaper, to stick things together, to mold clay, to tie ropes, to light a fire

6. The right to a healthy beginning

to eat wholesome food from birth, to drink fresh water, to breathe clean air

7. The right to the street

to play freely in the square, to walk in the street

8. The right to the wilderness

to build a shelter in the woods, to play hide and seek among reeds, to climb up trees

9. The right to silence

to hear the wind blow, birds sing, water gurgle

10. The right to nuances

to see the sun rise and set, to admire the moon and stars at night

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